

2014 TRANSGENDER AWARENESS MONTH NOVEMBER

TRANSGENDER is an umbrella term for a diverse group of people—such as male-to-female (MTF) and female-to-male (FTM) trans people, genderqueer individuals, and many others—whose gender identity or expression differs from societal expectations of how they should look, act, or identify based on the sex they were assigned at birth. Transgender and other gender minority people are often the targets of discrimination and harassment that can lead to negative health outcomes.¹

The Fenway Institute and The Massachusetts Transgender Political Coalition released a report² on discrimination against transgender people in public accommodation settings, including doctors' offices, hospitals, nursing homes, health centers, libraries, theaters, restaurants, public parks and more. The report showed an association between such discrimination and the health and well-being of transgender people.



65%

of transgender people reported discrimination in one or more public accommodation settings in the past 12 months²

The five most prevalent public accommodations **discrimination settings** were²:



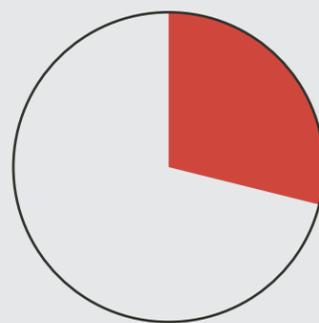
Among those who reported discrimination²:

84%

reported increased risk of adverse physical symptoms

99%

reported increased risk of emotional / mental health symptoms

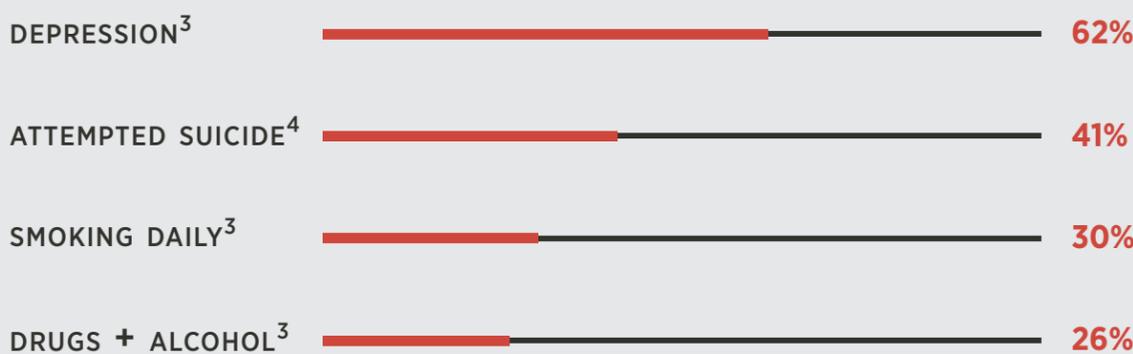


29%

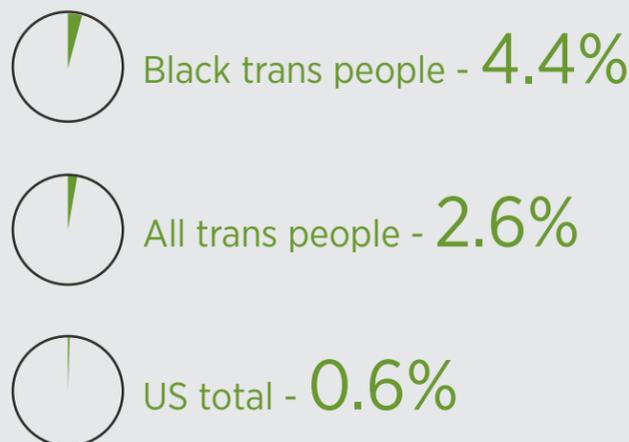
reported having to teach their health care provider about transgender health issues.²

Because of fear of discrimination, **one-in-five** transgender people postponed or did not try to get health care in the past year.²

Transgender people often have complicated medical needs and experience health disparities such as:



HIV infection among⁵:



(1) Fenway Health "Glossary of Gender and Transgender Terms" fenwayhealth.org/genderglossary
 (2) Discrimination and Health in Massachusetts: A Statewide Survey of Transgender and Gender NonConforming Adults, Reisner SL, White JM, Dunham EE, Heflin K, Begenyi J, Cahill S, and the Project Voice Team, July 2014 fenwayfocus.org/2014/07/the-fenway-institute-mtpc-release-project-voice-report-on-transgender-discrimination-in-public-accommodations/
 (3) The Fenway Institute "Understanding the T in LGBT" lgbthealtheducation.org/training/learning-modules
 (4) National Center for Transgender Equality, National Gay and Lesbian Task Force "National Transgender Discrimination Survey Report on Health and Health Care" transequality.org/PDFs/NTDSReportonHealth_final.pdf
 (5) Centers for Disease Control and Prevention "HIV Among Transgender People" cdc.gov/hiv/transgender